



**DEPARTMENT OF PUBLIC HEALTH AND ENVIRONMENT**

1555 North 17th Avenue  
Greeley, CO 80631

www.weldhealth.org



**Public Health**  
Prevent. Promote. Protect.

**Health Administration  
Vital Records**  
Tele: 970-304-6410  
Fax: 970-304-6412

**Public Health &  
Clinical Services**  
Tele: 970-304-6420  
Fax: 970-304-6416

**Environmental Health  
Services**  
Tele: 970-304-6415  
Fax: 970-304-6411

**Communication,  
Education & Planning**  
Tele: 970-304-6470  
Fax: 970-304-6452

**Emergency Preparedness  
& Response**  
Tele: 970-304-6420  
Fax: 970-304-6469

Our vision: Together with the communities we serve, we are working to make Weld County the healthiest place to live, learn, work, and play.

**High School WeldWAITS Opt Out Form**

We are sending you this information because we honor the fact that you are the primary health educators of your children and want to let you know about an exciting presentation by WeldWAITS for the \_\_\_\_\_ grade students on \_\_\_\_\_ in \_\_\_\_\_ class.  
Date of Presentation/s Teacher's name

WeldWAITS is a sexual risk avoidance/ relationship education program with the Weld County Department of Public Health and Environment. It strives to educate, equip and empower teens with skills to navigate our sexually saturated culture and have healthy relationships. All presentations are medically accurate, culturally relevant, and developmentally appropriate to equip students with knowledge and skills needed for health, relationship, and life success. The lessons include interactive activities and object lessons.

Some of the topics we address are:

- Healthy vs. unhealthy relationships
- How to give and receive love without being sexually active
- The steps of physical intimacy
- Boundary setting
- Consequences of teen sex (including sexually transmitted diseases)
- Refusal skills
- Media influence and navigation skills
- Overview of contraception options
- Thinking about future hopes and dreams

Parents are welcome to sit in on this presentation and/or call to ask any questions regarding what your children will be learning. We realize that it is your desire to teach your children how to be healthy and have a great future. Our intention is to support you in that effort. For more information on WeldWAITS, visit WeldWAITS.com.

Sincerely,

Melanie Cyphers, RN and Heidi Musil, SRAS  
WeldWAITS, Weld County Department of Public Health and Environment  
Melanie—304-6420 x 2423 Heidi—304-6470 x 2379

-----  
**WeldWAITS Opt Out Form** (Please return to \_\_\_\_\_ only if you **do not want** your child to attend this presentation.)  
Teacher's Name

I, \_\_\_\_\_, do **not** consent to have my child, \_\_\_\_\_, participate in the WeldWAITS presentation in his/her class.

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date