



Middle School WeldWAITS Opt Out Form

We are sending you this information because we honor the fact that you are the primary health educators of your children and want to let you know about an exciting presentation by WeldWAITS for the _____ grade students on _____ in _____ class.
Date of Presentation Teacher's name

WeldWAITS is a sexual risk avoidance/ relationship education program with the Weld County Department of Public Health and Environment. It strives to educate, equip and empower teens with skills to navigate our sexually saturated culture and have healthy relationships. All presentations are medically accurate, culturally relevant and developmentally appropriate to equip students with knowledge and skills needed for health, relationship and life success. The lessons combine discussion, presentation, and activities.

Some of the topics we address are:

- Personality Styles
- Media influences
- Crushes, Infatuation, and Love
- Dating (what is it, when is the right time)
- Setting and communicating boundaries
- Refusal skills
- Future goals

Parents are welcome to sit in on this presentation and/or call to ask any questions regarding what your children will be learning. We realize that it is your desire to teach your children how to be healthy and have a great future. Our intention is to support you in that effort. For more information on WeldWAITS, visit WeldWAITS.com.

Sincerely,

Melanie Cyphers, RN and Heidi Musil, SRAS
WeldWAITS, Weld County Department of Public Health and Environment
Melanie: 970-400- 2423 Heidi: 970-400- 2379

WeldWAITS Opt Out Form (Please return to _____ only if you **do not want** your child to attend this presentation.) Teacher's Name

I, _____, do **not** consent to have my child, _____, participate in the WeldWAITS presentation in his/her class.

Signature of Parent

Date

**Health Administration
Vital Records**
Tele: 970-304-6410
Fax: 970-304-6412

**Public Health &
Clinical Services**
Tele: 970-304-6420
Fax: 970-304-6416

**Environmental Health
Services**
Tele: 970-304-6415
Fax: 970-304-6411

**Communication,
Education & Planning**
Tele: 970-304-6470
Fax: 970-304-6452

**Emergency Preparedness
& Response**
Tele: 970-304-6470
Fax: 970-304-6452



Public Health