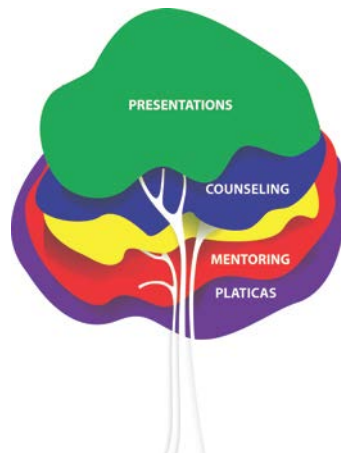


WeldWAITS SAMPLE Scope and Sequence

6 <sup>th</sup> Grade	7 <sup>th</sup> Grade	8 <sup>th</sup> Grade	9 <sup>th</sup> Grade
<p><b>Importance of Friendships</b></p> <ul style="list-style-type: none"> <li>▪ Qualities of a good friend</li> <li>▪ Toxic friendships</li> <li>▪ Avoiding peer pressure</li> </ul>	<p><b>Personality Styles</b></p> <ul style="list-style-type: none"> <li>▪ Determine your style</li> <li>▪ Communication with each style</li> <li>▪ Strengths and weaknesses in each style</li> </ul>	<p><b>Healthy Relationships</b></p> <ul style="list-style-type: none"> <li>▪ Qualities of a healthy relationship</li> <li>▪ Difference between love and infatuation</li> <li>▪ Refusal Skills (“Not I”, NICE)</li> </ul>	<p><b>WAIT Training PPT</b></p> <ul style="list-style-type: none"> <li>▪ Pre-evaluation</li> <li>▪ Differences</li> <li>▪ Consequences of unmarried sex</li> <li>▪ Media influences</li> </ul>
<p><b>Draw the Line</b></p> <ul style="list-style-type: none"> <li>▪ Setting healthy boundaries</li> <li>▪ Developing refusal skills</li> <li>▪ Making wise life choices</li> </ul>	<p><b>Media Influences</b></p> <ul style="list-style-type: none"> <li>▪ Media PP</li> <li>▪ Influence of media</li> <li>▪ Positive and negative aspects of social media on relationships</li> </ul>	<p><b>Steps of Physical Intimacy</b></p> <ul style="list-style-type: none"> <li>▪ Steps</li> <li>▪ Boundaries</li> <li>▪ Refusal skills (NICE, Not “I”)</li> </ul>	<p><b>STIs</b></p> <ul style="list-style-type: none"> <li>▪ Common STIs—transmission, symptoms, testing, treatment, prevention</li> <li>▪ Swapping Juices Activity</li> <li>▪ Crowded Bed Activity</li> </ul>
<p><b>Speak Your Line</b></p> <ul style="list-style-type: none"> <li>▪ Importance of communicating your boundaries</li> <li>▪ Practical refusal skills (N.I.C.E.)</li> </ul>	<p><b>Crushes, Infatuation, Love (Part 1)</b></p> <ul style="list-style-type: none"> <li>▪ 4 types of love</li> <li>▪ Define crushes, infatuation, love</li> <li>▪ Giving away your heart activity</li> </ul>	<p><b>Unhealthy Relationships</b></p> <ul style="list-style-type: none"> <li>▪ Types of relationships to avoid (abusive relationships)</li> <li>▪ Grooming Tactics</li> <li>▪ <i>Don’t Let Yourself</i> Video</li> </ul>	<p><b>Other Available Lessons</b></p> <ul style="list-style-type: none"> <li>▪ Protection lesson including contraception</li> </ul>
<p><b>Personal Power</b></p> <ul style="list-style-type: none"> <li>▪ Feelings</li> <li>▪ Personal responsibility</li> <li>▪ Choices</li> <li>▪ Celebrating successes &amp; good choices</li> <li>▪ Evaluation</li> </ul>	<p><b>Crushes, Infatuation, Love (Part 2)</b></p> <ul style="list-style-type: none"> <li>▪ Dating grid—4 W’s of Dating</li> <li>▪ 7 dating steps</li> <li>▪ Personal boundaries</li> <li>▪ Evaluation</li> </ul>	<p><b>“BITT” of Advice</b></p> <ul style="list-style-type: none"> <li>▪ Golden Rule Activity</li> <li>▪ Boundaries</li> <li>▪ Intentionality</li> <li>▪ Talk (concentric circles activity, communication skills)</li> <li>▪ Time</li> <li>▪ Evaluation</li> </ul>	



Contact Information:

Weld County Department of Public Health and Environment  
 WeldWAITS  
 1555 North 17<sup>th</sup> Avenue, Greeley, CO 80631  
 970.400.2379 or 970.400.2423  
 www.weldwaits.com

