

2012 WeldWAITS Presentations and Descriptions

(Appropriate for Middle School)

Topic	Presentation Title	Description
Importance of Character	"Getting to Know You!"	Introductory lesson introducing importance of good character and a personal inventory.
Personality Styles	"Lion, Otter, Beaver or Golden Retriever"	Identifies students' personality style and the strengths and weaknesses of each style. Discusses how to communicate with individuals based on their specific personality style and the importance of appreciating the differences in others.
Friendships	"Importance of Friendships"	Discusses qualities of a good friend and toxic friendships.
Boundary Setting & Refusal Skills	"Draw the Line"	Skits and activities used to teach importance of establishing healthy boundaries, developing refusal skills, and making wise life choices.
	"Respect the Line!"	Reviews boundary setting and refusal skills. Students practice a decision making model.
	"Speak your Line!"	Discusses the importance of communicating your boundaries and teaches practical refusal skills (N.I.C.E.).
Influence of Music and Social Media	"The Message behind the Beat"	Activities demonstrate the effects of music on teens and impact of social media. Importance of boundaries with media encouraged.
Puberty and Hygiene (appropriate for 5 th and 6 th grade)	"Puberty and Hygiene"	Separate classes for boys and girls: teach reproductive anatomy and what body changes occur in puberty. Good hygiene skills are emphasized.
Types of Relationships	"Crushes, Infatuation, or Love?"	Discusses different types of relationships that lead to middle school "drama" and appropriate age to date.
Influence of Media	"Media Influences"	Discussion of influence of media on behavior and attitudes, analysis of actual ads.
Communication	"Basic Relationship Skills"	Activities reinforcing important social skills and demonstrating the difference between verbal and nonverbal communication. (texting)
Future Thinking	"Life Choices"	Activities emphasize how daily choices affect the "big picture". Students personalize their life goals and choices.
Self Esteem	"Self-Esteem"	Using PowerPoint, video and activities, students discuss the importance of realizing their self worth.